



As we move into the Easter Triduum, we at The Women's Table send our heartfelt love and greetings! Below is a brief reflection we hope you'll enjoy . . .

“And the people stayed home. And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listening more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed. And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth full, as they had been healed.” - Kitty O’Mera

May you know peace and take time for contemplative prayer and healing during these holy days!

For The Women’s Table