



As Brother Richard Hendrick, OFM CAP, an Irish Capuchin friar, notes in an excerpt from his lovely poem entitled, "Lockdown":

**"All over the world people are slowing down and reflecting
All over the world people are looking at their neighbors in a new way
All over the world people are waking up to a new reality
To how big we really are.
To how little control we really have.
To what really matters.
To Love."**

Let us embrace that new reality and appreciate all the ways we can share that love with our neighbors in need!

Jan Novotka writes in "The Presence You Are":

**It's not what you do, but how you do it.
It's not what you see, but how you see.
It's not what you say, what you know or achieve,
but it's the Presence, the Presence you are.
To presence and Love, united with God and one another!**