



May you awake each morning with thank you on our lips and in your heart,  
recognizing that all is gift, that all is blessing. (Ps 138: 1)

#### The Blessings of Jesus

(a version of the Beatitudes based on Matthew 5: 3-10)

Blessed are those who know their need for theirs is the grace of heaven.  
Blessed are the humble for they are close to the sacred earth.  
Blessed are those who weep for their tears will be wiped away.  
Blessed are the forgiving for they are free.  
Blessed are those who hunger for earth's oneness for they will be satisfied.  
Blessed are the clear in heart for they see the Living Presence.  
Blessed are those who suffer for what is right for theirs is the strength of heaven.  
Blessed are the peacemakers for they are born of God.

Interpretation by John Philip Newell in Sounds of the Eternal: A Celtic Psalter

On this day when we reflect on Jesus' supreme sacrifice, may we remember all those mourning loved ones or living in fear for their physical and emotional lives. The above words, "Blessed are those who weep for their tears will be wiped away" is especially poignant now. We send our love, compassion and prayers for strength and hope!

The Women's Table